

APRIL 2024

INFORMATION/EVENTS/PRICES SUBJECT TO CHANGE. Programs and special events open to active duty military, military retirees, reservists, National Guard, current/retired DoD civilian employees with an authorized ID card, and their dependents and guests. Patrons not on a guest list or without base access will not be permitted on Bellows AFS. No federal endorsement intended.



bellowsafs.com

LIMITED BASE CLOSURE: MARCH - APRIL 2024, SUNDAYS - THURSDAYS
OPEN FRIDAYS & SATURDAYS
FROM 6 AM - MIDNIGHT FOR DAY VISITORS AND SPECIAL EVENTS!

GENERAL INFORMATION

SECURITY FORCES (808) 448-4916/259-4200

TURTLE COVE (808) 259-4135: Fri - Sat, 8 am - 6 pm

- Information, Tickets, and Tours (ITT)
- Pavilion Rentals
- Retail Store
- Outdoor Recreation & Ocean Sports
- Fitness & Wellness Programs
- Gear Issue
- Party and Sports Equipment Rentals
- Arts & Crafts Classes
- Massage

BELLOWS MINI GOLF: Visit Turtle Cove for rentals and times.

BRADDH'S CAFE: Fri - Sat, 7 am - 7 pm

PAU HANA PUB: Fri - Sat, 11 am - 10 pm

AAFES SHOPPETTE: Fri - Sat, 10 am - 4 pm

TEAPRESSO BAR: Fri - Sat, 10 am - 4 pm

For **HALE NALU MASSAGE** specials and **YOGA** call Turtle Cove!

• **WWW.BELLOWSAFS.COM** •

WEEKLY ACTIVITIES

SAT

SUNRISE YOGA

7 am • \$20

No classes Apr 6 & 13

NEW CLASS!

HARMONY SOUND HEALING

SATURDAYS 6 pm • \$25

A relaxing meditation where sounds guide you to be more present, connect with your body & nature, & most importantly to quiet your mind and reduce stress. Bring a yoga mat or towel, eye mask, & water. Dress comfortably.

Registration required 24 hours in advance for paid activities.

Age requirements apply. Subject to change or cancellation due to weather conditions. For availability, info, or to sign up, please call Turtle Cove Tue & Wed 8:30am - 3:30pm: (808) 462-0526, Fri & Sat 8 am - 8 pm at: (808) 259-4135, or email turtlecove@bellowsafs.com.

LUNCH
Specials

Served 10:30 am to 1 pm
while supplies last
Menu subject to change

Apr 5 - 6: \$12 Reg / \$8 Mini

Kalua Pig and Cabbage w/
White Rice & Potato Mac Salad

Apr 12 - 13: \$12

Chicken Avocado Caesar Wrap
w/ choice of Chips or Pasta
Salad

Apr 19 - 20: \$12 / \$8 Mini

Beef Stew w/ White Rice &
Potato Mac Salad

Apr 26 - 27: \$13 Reg

Furikake Salmon w/ White Rice
& Mixed Green Salad



SPECIAL EVENTS & PROGRAMS

VISIT WWW.BELLOWSAFS.COM OR FACEBOOK FOR MORE INFO!

To register for programs, email Turtle Cove: turtlecove@bellowsafs.com.



FREE ADMISSION! Turtle Cove Deck

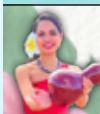
Apr 5 • 5 - 8 pm USAF Band of the Pacific! Pau Hana

Pub specialty drinks, Braddah's Cafe menu available 5 - 7 pm.

SAT, APR 6 & 20

10 am - 12 pm \$30 per person

Ages 8 & older.



Hula Lessons!

\$20 pp • Turtle Cove Deck

Sat, Apr 6 & 20 • 2 pm

FREE ADMISSION! Turtle Cove Deck

Apr 6 • 5 - 8 pm Ravi Reddy

Apr 13 • 5 - 8 pm US Navy Pacific Fleet Band

Apr 27 • 5 - 8 pm Ravi Reddy



FREE ADMISSION! Turtle Cove Deck

Apr 12 • 5 - 9 pm Hi-Risk Faktor

Apr 19 • 5 - 8 pm Ravi Reddy

Apr 26 • 5 - 9 pm Rizon



OUTRIGGER CANOE SAILING

SAT, APR 13 & 27

\$35 per person

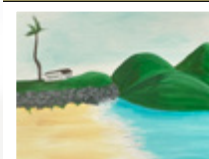
9 am - 1:30 pm

Ages 8 & older
Ages 6 - 9 must be with a paying adult.

FREE ADMISSION! Turtle Cove Deck

Apr 20 • 5 - 9 pm Live out your rock star dreams

backed by a **LIVE BAND!** Pau Hana Pub specialty
drinks, Braddah's Cafe menu available 5 - 7 pm.



Painting
@ THE COVE

SAT, APR 27 • 2 - 4 PM

TURTLE COVE DECK

\$30 11X14 / \$40 16X20

AGES 5+ BELLOWS BEACH!

FREE ADMISSION! TURTLE COVE LAWN

SAT, APR 27

8 - 11 am



WHEELS
BY THE WAVES
CAR & MOTORCYCLE MEET